



## **Ambulatory EEG Instructions** **Orlando Office**

A signature below is to confirm that you have read, understand and accept the information provided to you.

\*CANCELLATIONS\* require 72 hour prior notice (3 business days) or \$125.00 NO SHOW FEE will be applied.

***Please make sure your child has followed all of the following instruction before coming for the Ambulatory EEG appointment:***

- Hair should be washed and dried the night before the test. No Hair products (including hairspray, gel, mouse and oils).
  - **IMPORTANT:** Please check patient's hair for lice. If patient's hair has lice we cannot perform test.
- If patient has long hair; please leave hair loose with no braids
- Medications taken on daily basis can be given to patient unless doctor advised not to do so.
- If you need to cancel, please call 3 days before.

### ***How is the test done?***

- The first day of an Ambulatory EEG set up procedure lasts one hour.
- The EEG technologist will attach 16 to 25 flat metal discs called electrodes to different places on your head, using special glue called collodion to keep them in place.
- The electrodes are connected by wires to a small recorder that amplifies and records the electrical activity inside the brain.
- The recorder will be kept in a back pack.
- You may not want to have your child go to work or school with the electrodes on the scalp.
- You will be asked to keep a diary of activities during the day
- An ambulatory EEG test in our office lasts up to 48 hours.
- Showers will not be allowed during this time
- An appointment will be made for the technologist to remove the electrodes from your scalp with acetone or similar solutions at the end of the test.
- You can wash your hair when returning home to remove any remaining paste.

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**Patient Name**

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**Date of Birth**

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**Signature of parent/legal guardian or patient 18 years or older**

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**Date**